

Reading Materials and Resources

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Review Articles

1. Ioannides C. Pharmacokinetic interactions between herbal remedies and medicinal drugs. *Xenobiotica*. 2002;32:451-478.
2. Brazier NC, Levine MAH. Drug-herb interaction among commonly used conventional medicines: a compendium for health care professionals. *Am. J. Ther.* 2003; 10:163-169.
3. Zhou S, Gao Y, Jiang W, Huang M, Xu A, Paxton JW. Interactions of herbs with cytochrome P450. *Drug Metab Rev.* 2003;35:35-98.
4. Delgoda R, Westlake ACG. Herbal interactions involving cytochrome P450 enzymes. *Toxicol Rev.* 2004;23:239-249.
5. Johne A, Roots I. Clinical drug interactions with medicinal herbs. *Evid Based Integrative Med.* 2005;2:207-228.
6. Hu Z, Yang X, Ho PCL, Chan SY, Heng PWS, Chan E, Duan W, Kph HL, Zhou S. Herb-drug interactions: a literature review. *Drugs.* 2005;65:1239-1282.
7. Whitten DL, Myers SP, Hawrelak JA, Wohlmuth H. The effect of St John's wort extracts on CYP3A: a systematic review of prospective clinical trials. *Br J Clin Pharmacol.* 2006;62:512-526.
8. Foti RS, Wahlstrom JL. The role of dietary supplements in cytochrome P450-mediated drug interactions. *Bol. Latinoam. Caribe. Plant. Med. Aromaticas.* 2008;7:66-84.
9. Ulbricht C, Chao W, Costa D, Rusie-Seamon E, Weissner W, Woods J. Clinical evidence of herb-drug interactions: a systematic review by the Natural Standard Research Collaboration. *Curr. Drug Metab.* 2008;9:1063-1120.
10. Gardiner P, Phillips R, Shaughnessy AF. Herbal and dietary supplement-drug interactions in patients with chronic illnesses. *Am. Fam. Physician.* 2008;77:73-78.

Book Chapters

Gurley BJ, Hagan DW. Herbal and dietary supplement interactions with drugs. In: McCabe BJ, Frankel EH, Wolfe JJ, editors. *Handbook of Food-Drug Interactions*. Boca Raton: CRC Press; 2003. p. 259-293

Books

Lam YWF, Huang S-M, Hall SD, eds. *Herbal Supplements-Drug Interactions: Scientific and Regulatory Perspectives*. New York, Taylor & Francis, 2006.

Internet Sites.

www.ods.od.nih.gov

www.nccam.nih.gov

www.naturaldatabase.com

www.consumerlab.com