

**IBIDS**National Institutes of Health, Office of Dietary Supplements
USDA Agricultural Research Service, National Agricultural Library

International Bibliographic Information on Dietary Supplements

International Bibliographic Information on Dietary Supplements Database: Health Outcomes Feature

Available from the Office of Dietary Supplements Web Site
http://ods.od.nih.gov/Health_Information/IBIDS.aspx

Overview

The Health Outcomes feature covers articles of consumer interest on dietary supplement and health outcome pairs. For each article that is included there is title, author and publication information. Most records also contain a summary of the article's content. Records come from a larger set which is available from the International Bibliographic Information on Dietary Supplements (IBIDS) Database. Each Health Outcome/Supplement set provides a balanced overview of the outcome and supplement pair as it pertains to humans. The sets are intended to provide quick summaries of the literature.

Definitions

Dietary supplements, such as vitamins, minerals and herbs, are defined in accordance with the United States' Dietary Supplement Health Education Act of 1994 and as expanded in the main IBIDS scope to include materials ingested as supplements in parts of the world other than the United States. Health outcomes are defined as health or illness states of whole human beings. Health states can cover issues such as athletic performance and the age-appropriate onset of menopause. Illness states include conditions such as heart disease or arthritis. Animal studies and those conducted on human cells outside of the body are not included. Any human health or disease state may be included in the IBIDS Health Outcomes feature.

Criteria for Inclusion

Most article records pertain to a distinct health or illness state in combination with the use of a single supplement. When possible the Health Outcomes feature will include sets containing a minimum of 20 records.

Selection and Review

Records are selected by experts on the topic of dietary supplements who work for the NIH Office of Dietary Supplements. Record sets are reviewed four times a year. In addition, record sets are subject to an annual review by additional staff from the NIH Office of Dietary Supplements.

Updates and Maintenance

New records may be added to Health Outcomes sets on a quarterly basis as part of the overall update to the IBIDS database. Every update period each Health Outcome set will be reviewed as a whole and article records may be added or deleted from the sets.

View of IBIDS Health Outcomes Feature

To obtain a Health Outcome/Supplement Set click on one of the buttons on the lower right hand corner of the IBIDS Search Page.

The screenshot displays the IBIDS website interface. At the top, the logo for IBIDS (International Bibliographic Information on Dietary Supplements) is shown, along with the affiliation: National Institutes of Health, Office of Dietary Supplements; USDA Agricultural Research Service, National Agricultural Library. A navigation bar includes links for Home, About IBIDS, Help & FAQs, Journal Info, Search History, ODS Home, and Comments. Below this is a search bar with a dropdown menu set to 'All IBIDS References', an 'In:' field containing 'Title, Abstract, Year of Publication', a 'field(s) Show:' dropdown set to '20', and a 'Citation Only' checkbox. A 'Submit Search' button is to the right. A red arrow points from the text above to the 'Submit Search' button. Below the search bar, a blue banner reads '*OR* Search All IBIDS Records by Keyword and Synonyms:'. Underneath is another search bar with a dropdown menu set to 'Choose Keyword Here', a 'Show:' dropdown set to '20', and a 'Submit Search' button. To the left of the main content area is a 'Top 5 Most Common Searches' section with buttons for '"grape seed extract"', Hoodia..., Acidophilus..., Calcium..., and '"Vitamin C"'. In the center is a photograph of a plant, identified as Mullein (verbascum thapsus), with a copyright notice: 'Copyright held by the Steven Foster Group Inc.; All rights reserved.' To the right of the photograph is a section titled 'Health Outcome/Supplement Sets' with a red border. This section contains several buttons: 'Weight Loss & Calcium', 'Menopausal Symptoms and Herbs', 'Athletic Performance & Creatine', 'Heart Disease & Omega 3 Fatty Acids', and 'Falls/Fractures, the Elderly and Vit...'. Below this section is a 'Highlights: Notable Citations' section with a blue button that says 'Select to see citations and abstracts of articles that have been cited and abstracted by...'. At the bottom of the page, a blue banner reads 'Dietary Supplements for the Annual Bibliography of Significant Advances in Dietary Supplement Research'.

Health Outcomes Feature Team Members and Contact Information

Your feedback on the Health Outcomes Feature is appreciated. Please reach us by postal or electronic mail.

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