

## Reading Materials and Resources

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### Publications:

American Gastroenterology Association. “*Probiotics. What are they and what they can do for you*” a patient’s guide from your doctor and the AGA.

<http://www.gastro.org/wmspage.cfm?parm1=5617>

Center for Food Safety and Nutrition, FDA, *Guidance for Industry on Substantiation for Dietary Supplement Claims*, 2008. <http://www.cfsan.fda.gov/~dms/dsclmgu2.html>

Cochrane Database Systematic Reviews

<http://www.cochrane.org/reviews/>

- Induction of remission in Crohn’s disease
- Maintenance of remission in Crohn’s disease
- Induction of remission in ulcerative colitis
- Treatment of nonalcoholic fatty liver disease and/or steatohepatitis
- Prevention of preterm labour
- Prevention of necrotizing enterocolitis in preterm infants
- Prevention of pediatric antibiotic-associated diarrhea
- Treatment of eczema
- Treatment of *Clostridium difficile*-associated colitis in adults
- Treating infectious diarrhoea
- Prevention of allergic disease and food hypersensitivity in infants

Council for Agricultural Science and Technology (CAST) Issue Paper, Number 36, October 2007. *Probiotics: Their potential to impact human health*. [www.cast-science.org](http://www.cast-science.org)

International Dairy Federation Bulletin. *Physiological and Functional Properties of Probiotics*. Number 429, 2008. <http://www.fil-idf.org>

National Center for Complementary and Alternative Medicine (NCCAM) fact sheet. *Get the Facts: An Introduction to Probiotics* <http://nccam.nih.gov/health/probiotics/>

National Institute of Diabetes, Digestive and Kidney Diseases (NIDDK). Opportunities and Challenges in Digestive Diseases Research: *Recommendations of the National Commission on Digestive Diseases*. 2008.  
<http://www2.niddk.nih.gov/AboutNIDDK/CommitteesAndWorkingGroups/NCDD/FinalResearchPlanPosting.htm>

National Institutes of Health (NIH). RFA-RM-08-012. *Human Microbiome Demonstration Projects (UH2/UH3)*. 2008. <http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-08-012.html>

United Nations. Food and Agriculture Organization of the United Nations/World Health Organization. *Probiotics in Foods: Health and Nutritional Properties and Guidelines for Evaluation*. 2008. <ftp://ftp.fao.org/docrep/fao/009/a0512e/a0512e00.pdf>

Walker R., Buckley M. for the American Academy of Microbiology. *Probiotic Microbes: The Scientific Basis*. November 5-7, 2005. <http://www.asm.org>

World Gastroenterology Organisation. May 2008. *Practice guidelines: Probiotics and prebiotics*. May 2008. <http://www.worldgastroenterology.org/probiotics-prebiotics.html>

### **Journals:**

International Journal of Probiotics and Prebiotics  
[http://www.newcenturyhealthpublishers.com/probiotics\\_and\\_prebiotics/index.php](http://www.newcenturyhealthpublishers.com/probiotics_and_prebiotics/index.php)

### **Professional and Trade Associations:**

International Probiotic Association (IPA) <http://www.internationalprobiotics.org/>

International Scientific Association for Probiotics and Prebiotics (ISAPP)  
<http://www.isapp.net>