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David Schardt is Senior Nutritionist at the Center for Science in the Public Interest (CSPI), a non-profit consumer advocacy group specializing in food, nutrition, and dietary supplement issues. Founded thirty-seven years ago, CSPI is supported primarily by its more than 900,000 members and subscribers in the United States and Canada.

David has been writing about nutrition for the general public and for professionals for more than 25 years. His articles covering most aspects of food, nutrition, and dietary supplements have appeared in numerous magazines, newspapers, newsletters, college textbooks, and Web sites. His reports on nutrition and dietary supplements are featured in the monthly Nutrition Action Healthletter, the nation's most popular nutrition newsletter.

In 1988, he helped to write and edit the landmark Surgeon General's Report on Nutrition and Health. His book Eating Leaner and Lighter, published by Warner Books, was recommended for sensible nutrition by the United States Department of Agriculture's Food and Nutrition Information Center. He has served on panels advising the U.S. Department of Health and Human Services' Agency for Healthcare Research and Quality, the United States Pharmacopoeia, and the Association of Official Analytical Chemists (AOAC) on dietary supplement issues.

David has been featured on numerous television and radio programs, including ABC's World News Tonight; NBC's Nightly News; ABC's 20/20; NBC's Dateline; Good Morning, America; the Today Show; CBS This Morning; CNN; CNBC's Business Report; Hard Copy; The Food Channel; PBS's Healthweek; National Public Radio's All Things Considered, and many other television and radio programs. He is widely quoted in the print media, especially on the subject of dietary supplements.

David has graduate degrees in nutrition and biochemistry from Oregon State University and graduate study and research experience with Cornell University's Division of Nutritional Sciences.