

Reading Materials and Resources

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Nutrition Labeling and Education Act. Public Law 101-535, enacted November 8, 1990.

Dietary Supplement Health and Education Act. Public Law 103-417, enacted October 25, 1994.

<http://www.fda.gov/opacom/laws/DSHEA.html>

Report of the Commission on Dietary Supplement Labels. November 24, 1997.

<http://web.health.gov/dietsupp>

The Food and Drug Administration's main webpage for dietary supplements is:

<http://www.cfsan.fda.gov/~dms/supplmnt.html>

The site has sections titled "Labeling Regs" and "Label Claims" that provide links to all the relevant documents. Among these documents are the following:

* Guidance for industry: a dietary supplement labeling guide, April 2005

(<http://www.cfsan.fda.gov/~dms/dslg-toc.html>).

* Guidance for industry: substantiation for dietary supplement claims made under section 403(r) (6) of the Federal Food, Drug, and Cosmetic Act, December 2008

(<http://www.cfsan.fda.gov/~dms/dsclmgu2.html>).

* Guidance for industry: evidence-based review system for the scientific evaluation of health claims, January 2009 (<http://www.cfsan.fda.gov/~dms/hclmgu6.html>).

Federal Trade Commission. Dietary Supplements: An Advertising Guide for Industry.

<http://www.ftc.gov/bcp/edu/pubs/business/adv/bus09.shtm>

Fisher KD, Yetley EA, Taylor CL. Nutrition labeling of foods and dietary supplements. Chapter 116, pages 1827-1838 in: Shils ME, Shike M, Ross AC, Caballero B, Cousins RJ (eds). Modern Nutrition in Health and Disease, Tenth Edition. Philadelphia: Lippincott Williams & Wilkins, 2006.

Taylor CL, Wilkening VL. Commentary: how the nutrition food label was developed, part 1: the Nutrition Facts panel. J Am Diet Assoc 2008;108(3):437-442.

Taylor CL, Wilkening VL. Commentary: how the nutrition food label was developed, part 2: the purpose and promise of nutrition claims. J Am Diet Assoc 2008;108(4):618-623.

Nestle, Marion. Food Politics, Revised and Expanded Edition. Berkeley: University of California Press, 2007. (Chapter 7 provides a historical overview and critical perspective regarding health claims on foods and dietary supplements.)