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A nutrition educator and registered dietitian, Dr. Thomas is a full-time Scientific Consultant to the Office of Dietary Supplements at the National Institutes of Health. He takes part in activities relating to the evaluation of scientific information on supplements, support of research, dissemination of research results, and the development of educational materials for health professionals and consumers. Dr. Thomas obtained an Ed.D. and Ed.M. in nutrition education from Teachers College, Columbia University (1988); an M.S. in public health nutrition from Case Western Reserve University (1979); and a B.A. in biology from the State University of New York at Buffalo (1975).

Dr. Thomas came to Washington DC in 1987 to begin a career in nutrition science and policy. Between 1987-1995, he was a project director at the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. In 1995-1996, Dr. Thomas joined the Center for Food and Nutrition Policy at Georgetown University as a fellow and research assistant professor. In 1996-1997, he became an expert consultant to the U.S. Department of Agriculture for competitive grants programs related to nutraceuticals and functional foods, community food security, and gleaning. In 1997, Dr. Thomas became a Senior Staff Scientist with the Life Sciences Research Office of the American Society for Nutritional Sciences (now the American Society for Nutrition). Dr. Thomas created *The Dietary Supplement LLC* in 1999 to write and publish *The Dietary Supplement* newsletter (to 2003). In 2000-2001, he was also the dietary supplements editor for www.Miavita.com, a New York City-based internet site providing customized healthy-living solutions. Dr. Thomas has been a contractor with the NIH Office of Dietary Supplements since 2005.