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Robert M. Russell, M.D., is professor emeritus of medicine and nutrition at Tufts University, the president of the American Society for Nutrition, a specialist-advisor to the National Institutes of Health (NIH), a board member of the Nestle Foundation, a member of the board of trustees of the United States Pharmacopeia, and staff physician emeritus at the Tufts University Medical Center. He has served on many national and international advisory boards including the U.S. Department of Agriculture (USDA) Human Investigation Committee, the Food and Drug Administration (FDA), United States Pharmacopoeia Convention, NIH, the World Health Organization, UNICEF, and the American Board of Internal Medicine. He has worked on international nutrition programs in several countries including Vietnam, Iran, Iraq, Guatemala, China, and the Philippines. Dr. Russell is a member of numerous professional societies, on the editorial boards of five professional journals, a past president of the American Society for Clinical Nutrition, and a former member of the board of directors of the American College of Nutrition. He coedited the last two editions of *Present Knowledge in Nutrition* and until recently was the editor in chief of *Nutrition Reviews*. He served as a member of the Institute of Medicine's (IOM) Panels on Folate, Other B Vitamins, and Choline and as chair of the Panel on Micronutrients. He is former chair of the Food and Nutrition Board and a fellow of the American Society for Nutrition. He received his M.D. from Columbia University.