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Christopher T. Sempos, Ph.D., is the program director for the Office of Dietary Supplements (ODS) Population Studies Program at the National Institutes of Health (NIH). The Population Studies Program is involved in research on the risks and benefits of dietary supplements using representative population data such as the National Health and Nutrition Examination Survey (NHANES) and the National Health Interview Survey. His research areas are nutritional epidemiology, especially cardiovascular and alcohol epidemiology, nutrition monitoring and public health surveillance methods, dietary survey methods, and biostatistics. Prior to the ODS, he was a professor of epidemiology and director of graduate studies in the Department of Social and Preventive Medicine at the University of Buffalo. He also worked in several positions within the Public Health Service, most notably as chief of longitudinal studies for the Division of Health and Nutrition Examination Surveys (DHANES) in the National Center for Health Statistics (NCHS) at the Centers for Disease Control and Prevention (CDC). He received his Ph.D. in nutritional sciences from the University of Wisconsin-Madison and at the same time earned an M.S. in preventive medicine-epidemiology.